



MIDDLETOWN
ARTS CENTER



WINTER 
CLASSES

2024

ART

**Masters Fine Art Program | Elizabeth Schettini Sowell
Master Arts Skills | Ages 10-14***

SESSION 1 - Jan 8, 22, 29 | Mon 4:00-6:00 pm | 3 Classes: \$170
 SESSION 2 - Feb 5, 12, 26 | Mon 4:00-6:00 pm | 3 Classes: \$170
 SESSION 3 - Ma 4, 11, 18, 25 | Mon 4:00-6:00 pm | 4 Classes: \$225
 SESSION 4 - Apr 8, 15, 29 | Mon 4:00-6:00 pm | 4 Classes: \$225

A great class for students who are serious about their art and want to develop their skills to advance. Led by Master Artist, Elizabeth Schettini Sowell, students begin at their personal level and with individual guidance will advance and perfect the foundational building blocks of art to create work they are proud of. Students will use different media, learn the technique of group and self-critique to build a strong portfolio. *Some exceptions for 9-yr-olds

**Masters Fine Art Program | Elizabeth Schettini Sowell
Master Arts Skills for Teens and Adults | Ages 15+**

SESSION 1 - Jan 8, 22, 29 | Mon 6:30-8:30 pm | 3 Classes: \$170
 SESSION 2 - Feb 5, 12, 26 | Mon 6:30-8:30 pm | 3 Classes: \$170
 SESSION 3 - Mar 4, 11, 18, 25 | Mon 6:30-8:30 pm | 4 Classes: \$225
 SESSION 4 - Apr 8, 15, 29 | Mon 6:30-8:30pm | 4 Classes: \$225

A great class for students who are serious about their art and want to develop their skills and advance. Led by Master Artist, and former college Professor, Elizabeth Schettini Sowell. Students begin at their personal level and with individualized guidance and attention learn and perfect the foundational building blocks of art to create work they are proud of. Students will use different media, learn the technique of group and self-critique to build a strong portfolio.

Watercolors and MORE with Miss Fish! | Ages 4-8

Jan 22 - Mar 11 (No class Feb 19) | Mon

CLASS 1: 4:00-5:00 pm

CLASS 2: 5:15-6:15 pm

7 Classes: Members \$105, Non-members \$120

For those little artists who just LOVE to PAINT and CREATE! Under the loving and expert direction of Miss Fish students will use watercolors to make beautiful paintings and make AMAZING art pieces and craft projects with clay, cray pas, paper and more! Students will love these classes run by legendary art educator, Miss Fish, who will stir the imagination and bring out the creative best in every child! Each week, students will learn new tips for painting and create their own masterpieces! Supplies included.

**FABULOUS Art for FANTASTIC Artists with Miss Fish!
Ages 8-12**

Jan 17 - Mar 13 | Wed 4:00-5:00 pm

9 Classes: Members \$135, Non-members \$150

Under the loving and expert direction of Miss Fish, students study the elements of art and the creative process in this hands-on, multi-media class. Learn about art fundamentals such as line, shape, composition and color. Students will explore a variety of materials including graphite, charcoal, pastel, paint and more. Students will love these classes run by legendary art educator, Miss Fish, who will stir the imagination and bring out the creative best in every child! Each week, students will learn new tips for painting and create their own masterpieces! Supplies included.

NEW! Cartooning, Kawaii and Clay with Doodle Dude!

Ages 5-12

Jan 22 - Mar 11 (No class Feb 19) | Mon 4:00-5:00 pm

7 Classes: Members \$105, Non-members \$120

We will have a blast working with clay and creating crazy, cool Kawaii and cartoon characters while learning about the greatest cartoonists and clay animators of all time! What you create will AMAZE you! No one brings art to life like Art Kaney, the Doodle Dude! From the cute and cool, to the crazy, and from the basics to more advanced techniques, the Doodle Dude will educate, entertain and inspire!

**The Art of Roblox, Minecraft and Pokémon with
Doodle Dude | Ages 5-12**

Jan 17 - Mar 13 | Wed 4:00-5:00 pm

9 Classes: Members \$135, Non-members \$150

Let's learn how to draw Roblox, Minecraft and Pokémon characters, but also create and design our own. We will work on character development and work with many different media including paint, clay, glow in the dark paint, oil pastels and more. Let's get off the video games and on to the drawing board! Gaming party last day of class! No one brings art and painting to life like Art Kaney, the Doodle Dude! From the cute and cool, to the crazy, and from the basics to more advanced techniques, the Doodle Dude will educate, entertain and inspire!

Painting-palooza with Doodle Dude! | Ages 5-12

Jan 18 - Mar 14 | Thurs 4:00-5:00 pm

8 Classes: Members \$135, Non-members \$150

Get creative with the Doodle Dude who will introduce you to the awesome world of painting in his unique way. Let your imagination run wild while you have a blast working with watercolors, acrylics, gouache and even glow in the dark paint! No one brings art and painting to life like Art Kaney, the Doodle Dude! From the cute and cool, to the crazy, and from the basics to more advanced techniques, the Doodle Dude will educate, entertain and inspire!



DANCE

MAC DANCE ACADEMY with Andrea Wachholtz

After the INCREDIBLE response to our inaugural session this Fall, we are THRILLED to be expanding our MAC Dance Academy classes this Winter!

Under the expert instruction of renowned Dancer and instructor Andrea Wachholtz, The MAC Dance Academy offers classes across all genres using a model of "teaching without judgment in a structured environment" that focuses on empowering and enabling students through creative and educational methods...all in our beautiful new state-of-the-art dance studio!

SPECIAL OFFER! Register for Winter and Spring session together and receive a \$50 discount!

NEW! Primary Ballet | Ages 5-6

Jan 10 - Mar 20 | Wed 4:15-5:15 pm

11 Classes: Members \$165, Non-members \$185

Ballet I | Ages 7-8

Jan 10 - Mar 20 | Wed 5:30-6:30 pm

11 Classes: Members \$165, Non-members \$185

Ballet II | Ages 9-11

Jan 8 - Mar 18 (No class Jan 15, Feb 19) | Mon 4:15-5:15 pm

9 Classes: Members \$135, Non-members \$155

Ballet III | Ages 12+

Jan 8 - Mar 18 (No class Jan 15, Feb 19) | Mon 5:30-6:30 pm

9 Classes: Members \$135, Non-members \$155

And You Think You Can Dance?

(Jazz / Contemporary/ Musical Theater)

SESSION 1 | Ages 7-9 | Jan 9 - Mar 19 | Tues 4:15-5:15 pm

SESSION 2 | Ages 10-12 | Jan 9 - Mar 19 | Tues 5:30-6:30 pm

11 Classes: Members \$165, Non-members \$185

Click [here](#) for Uniform Requirements.

**Princeton Ballet and MAC Present: Pre-Ballet and
Creative Movement | Ages 3-6**

Jan 29 - Apr 1 | Sat 9:00-10:00 am

8 Classes: Members/Non-members \$175

This fun and engaging class was specially designed for younger beginning dancers aged 3-6. Students will be introduced to the fundamental building blocks of movement, rhythm/musicality, as well as begin to create movement of their own. Students will develop an understanding of movement concepts, flexibility, balance, and coordination through specific ballet-based movements and creative exploration. Princeton Ballet School (PBS) is known for nurturing developing dancers safely and progressively. As a result, PBS students develop self-esteem, self-discipline, and a strong fitness level that will provide a powerful edge in any future endeavor.

Uniform:

Girls uniform color: Pink

Girls ballet slippers and tights: Pink or skin tone

Boys uniform color: White shirt, black tights

Boys ballet slippers and tights: Black

Princeton Ballet and MAC Present: Ballet | Ages 7-9

Jan 29 - Apr 1 | Sat 10:00-11:00 am

8 Classes: Members/Non-members \$175

This fun and engaging class was specially designed for dancers aged 7-9. Students will be introduced to the fundamental building blocks of ballet technique and movement. Students will develop an understanding of movement concepts, flexibility, balance, and coordination through ballet movements and creative exploration. Princeton Ballet School (PBS) is known for nurturing developing dancers safely and progressively. As a result, PBS students develop self-esteem, self-discipline, and a strong fitness level that will provide a powerful edge in any future endeavor.

Uniform:

Girls uniform color: Black

Girls ballet slippers and tights: Pink or skin tone

Boys uniform color: White shirt, black tights

Boys ballet slippers and tights: Black

MUSICAL THEATER

THE LION KING, JR. with Kathy Connolly Ages 9-12

Jan 17 - Mar 25 | Wed 5:00-7:00 pm

10 Classes: Members \$575, Non-Members \$605

Start the year right with this high-energy musical theater class. Students will have voice, acting and dance training culminating in three fully-staged performances of *LION KING, JR.* Although students will audition for roles, every student will receive a part. Students will receive two complimentary tickets for the show.

Auditions: Tues, Jan 16, 5:00-7:00 pm

Tech Rehearsals (mandatory): Students must be available during the week of March 20-23 when class will meet every night from 5:00-7:00 pm for tech rehearsals.

Show Dates: Mar 22 at 7:00 pm, Mar 23 at 2:00 + 7:00 pm and Mar 24 at 2:00 pm

Winter Mini-Musical Theater Intensive with Kathy Connolly | Ages 6-9

Jan 18 - Mar 14 | Thurs 4:00-6:00 pm

9 Classes: Members \$320, Non-members \$340

This exciting class is for younger performers ages 6-9. Using a professional conservatory approach, the students will take individual classes in Acting, Dance, Improv, Scenic Design and Voice. Under the expert instruction of award-winning Director and teaching artist, Kathy Connolly, our team of professional theater artists and visiting Master Class presenters, the students will explore their creativity and develop their confidence and skills in a fun and nurturing environment!



THEATER

Acting with Kathy Connolly | Ages 9-12

Jan 19 - Mar 15 | Fri 4:00-5:30 pm

9 Classes: Members \$220, Non-members \$245

In this fun and exciting class, students will study the fundamentals of acting technique and theater through theater games, scene work and improvisation. Under the expert instruction of award-winning director and teaching artist, Kathy Connolly, students will work on monologues and scenes in a relaxed and supportive atmosphere. While the focus is always on fun, this class also has wonderful additional benefits including strengthened self-esteem, improved reading comprehension and the continuing development of positive social skills.

Beginning Acting with Felicia Russell | Ages 6-8

Jan 12 - Mar 15 | Fri 4:00-5:00 pm

10 Classes: Members: \$120, Non-members: \$150

Students will have a blast and build confidence exploring theater games, storytelling, improv & more! Under the nurturing instruction of NJ performer and Teaching Artist, Felicia Russell (a proud MAC alum!), students will learn the fundamentals of acting technique and theater in a relaxed and supportive atmosphere. Students will also get guest instruction from award-winning Director and Teaching Artist, Kathy Connolly, to work on monologues and scenes and even collaborate to create new short pieces together!

MUSIC



ZUMBINI with Lisa Zwerin | Ages 0-4

Jan 10 - Mar 13 | Wed 10:00-10:45 am

10 CLASSES: Members \$120, Non-members \$150

A child-focused journey into the world of music, movement and dance, a Zumbini class is a celebration of the power of music to enhance our lives, stimulate learning, inspire dance movement and strengthen the bond between parent and child. What is Zumbini you ask? A 45-minute music and movement experience, which is developmentally appropriate for the age range of the class. Every class, designed for children 0-4 years-old with a caregiver, includes dancing, singing and playing instruments. A bonding experience for all is involved, including caregiver to child, child to child, and caregiver to caregiver. The class focuses on energy, fun, and play to contribute toward the natural development of cognitive, social, emotional and physical skills.



Private In-Person Piano or Voice Lessons with Miss Peggy! | All Ages

Start playing songs or improve you singing from your very first lesson! Under Miss Peggy's nurturing instruction, you'll learn to read, understand, and create beautiful music from day one!

No matter what your skill level, in these 30 or 60-minute sessions, students will learn a combination of exercises and approaches to improve confidence, proper technique and overall musicality. Miss Peggy makes learning piano or voice accessible and fun for everyone!

NEW STUDENTS: Please email artscenter@middletownnj.org for more details or to schedule a lesson.

ART

Adult Masters Fine Art Program with Elizabeth Schettini Sowell, Master Fine Artist**Artist Salon Open Sessions**

SESSION 1 – Jan 6, 13, 20, 27 | Sat 9:30am-12:30 pm

4 Classes: \$160

SESSION 2 – Feb 3, 10, 17, 24 | Sat 9:30am-12:30 pm

4 Classes: \$160

SESSION 3 – March 4, 11, 18, 25 | Sat 9:30am-12:30 pm

4 Classes \$160

SESSION 4 – Apr 8, 15, 22, 29 | Sat 9:30am-12:30 pm

4 Classes: \$160

Participate with other artists in a 3-hour art working session dedicated to your artwork in any Visual Fine-Art Medium. You will be welcome in a space made just for art-making and have an opportunity to choose from two different life set-ups (every week) from which to create work. This is a semi-informal work session where instructional help is available if needed.

Self-Critique and Group Critique are both available, as is portfolio building. Beginners will be supplied with a list of materials to start off on Drawing, Sculpture, Printmaking and Painting.

Give yourself the gift of time...bring your materials (brushes, paints, etc.) and use our easels and tables to make your work. If you choose, a monthly challenge will be presented to inspire you to create.

Master Arts Skills for Teens and Adults | Ages 15+

SESSION 1 – Jan 8, 22, 29 | Mon 6:30-8:30 pm | 3 Classes: \$170

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A great class for students who are serious about their art and want to develop their skills and advance. Led by Master Artist, and former college Professor, Elizabeth Schettini Sowell. Students begin at their personal level and with individualized guidance and attention, will learn and perfect the foundational building blocks of art to create work. Students will use different media, learn the technique of group and self-critique to build a strong portfolio.

Painting Workshop | Grace Grape-Pillard

Jan 9 – Feb 20

Tues 9:30-11:30 am | 12:00-2:00 pm | 2:30-4:30 pm

7 Weeks: Members/Non-members \$140

Painting workshop participants will be taught to use paints (either oil or acrylic) and will be instructed on color, form and space. Since this is a workshop, the instruction is individualized and Grace strongly believes that her job is to teach people "to see" the subtlety and nuances of what makes a good work of art in a fresh and original way. This workshop is for all levels from the rank beginner to professional artists and teachers who come for feedback in an environment conducive to serious study.

Evening Painting Workshop with June Wilson

DATES TBD | Tues 7:00-9:00 pm

6 Weeks: Members/Non-members \$120

Join artist June Wilson for this EVENING Painting Workshop! Adult participants will be taught to use paints (either oil or acrylic) and will be instructed on color, form and space. Since this is a workshop, the instruction is individualized and is welcome to all levels from beginner to professional artists and teachers who come for feedback in an environment conducive to serious study.

CREATIVE WRITING

Relaxing into Writing with Mimi Cross

Jan 11 – Mar 14 | Thurs 9:30-10:45 am

10 Classes: **ENTIRE SESSION FREE!** (a \$220 value!)

Would you like to reduce stress? Do you want to grow your creativity? If so, this 75 minute class taught by published author and certified yoga instructor, Mimi Cross, is for you!

AND AS OUR SPECIAL WAY OF THANKING YOU FOR YOUR SUPPORT, WE'RE OFFERING THE ENTIRE WINTER SESSION OF THIS AMAZING CLASS FOR FREE!

We begin Relaxing into Writing with a centering warm up consisting of gentle stretches and attention to breath, followed by a guided 15 to 20-minute deep relaxation meditation. In this state of relaxation and body awareness, we learn how to sense blocks within the body through a technique called scanning. After the body scan, we transition from relaxing to writing, with the intention of transforming blocks into stories. If you write, or want to write, learning how tension, tightness, and holding in your body can translate into this special type of treasure will support you. When time allows, participants will be invited to share their writing, however, sharing is not required!

Materials needed: One full-sized 8x10 inch or 8x11 inch notebook and a favorite pen or pencil. Wear loose, comfortable clothing and feel free to bring a blanket or cushion. No previous experience with meditation or creative writing necessary!



DANCE

**MAC DANCE ACADEMY with Andrea Wachholtz MOVE with Ballet (A ballet inspired workout class)**

Mon 7:00-8:00pm | Jan 8 – Mar 18 (No class Jan 15, Feb 19)

NEW! Wed 7:00-8:00pm | Jan 10 – Mar 20 (No class Jan 17, Feb 21)

9 Classes: Members: \$135, Non-members: \$155

Combining her extensive classical ballet training and professional teaching experience, Andrea brings us a class filled with detailed and comprehensive movement. Let's MOVE with Ballet is designed to improve your strength, balance, flexibility and joint mobility. This class will also help decrease stress, improve your mood and your sleep. The class will be taught in a mixed level format. Focusing on classical ballet, exercises will also be taken from Pilates, Barre and Yoga bringing together this creative class. The main goal of this class is to help every student individually within the group to feel good inside and out! Beginners are welcomed and advanced students will be challenged. Click here for Uniform Requirements.



YOGA

Adult Yoga with Mimi Cross

Jan 14 – Mar 18 | Sat 8:00-9:00 am

10 CLASSES: Members \$150, Non-members \$170

This gentle but stimulating Yoga class will allow individuals of all levels and fitness experiences to engage in the practice of Yoga. Yoga is an ancient form of full body exercise that focuses on core strength, balance, control and breath. Exercises can be modified for injuries and all bodies. No previous experience required. Please bring a mat.

Mimi, a 200+ hour certified Kripalu Yoga Instructor, is an author, songwriter and arts educator as well as the creator of Body of Writing, a practice that adds a dimension to the traditional mind-body-spirit discipline of Yoga: story. She's been teaching people of all ages Yoga and music since 2001, both privately and in various studios in the Two River region of Monmouth County. To learn more, please visit www.mimicross.com.

Register by phone, in person, or online at www.middletownarts.org

You do not need to be a resident of Middletown to participate in the Middletown Arts Center's programs. Please note that Member and Non-Member rates relate to membership in the Middletown Township Cultural and Arts Council (MTCAC). The MTCAC is the non-profit 501c3 organization that operates the Middletown Arts Center. Membership is optional and benefits include discounted rates on classes, camps, and workshops. Memberships are annual from the date of enrollment.

Become a MEMBER today and receive discounts on classes, events, and more!

Tax-deductible membership levels:

GENERAL MEMBERSHIP: • \$60 Family • \$30 Adult • \$25 Student/Senior

LEADERSHIP MEMBERSHIP: • \$1000 Benefactor • \$500 Patron • \$250 Friend • \$100 Supporter

All members receive:

- Membership card(s)
- Discounts on select MAC events and all classes
- Invitations to Member only events

Visit middletownarts.org or call 732-706-4100 to become a member today.

Give the gift of inspiration!

Middletown Arts Center Gift Cards are valid for fine arts, music, dance classes, summer arts camp, special events, and more. Visit our ticket office or call 732-706-4100 to pick one up today.

About Us

The mission of the Middletown Township Cultural and Arts Council, Inc. (MTCAC), the nonprofit 501(c)3 organization that operates the Middletown Arts Center, is to enhance the quality of life of all area residents by supporting and promoting the arts throughout our large, diverse community. The needs of our community drive our arts program planning. The MTCAC began in 2002 in response to a need for arts programming in the township, home to over 68,000 residents and covering approximately 42 square miles. The MTCAC worked jointly with Middletown Township to create the beautiful, award-winning Middletown Arts Center.



Middletown Arts Center | 36 Church Street in Middletown, NJ (next to the Middletown Train Station)
MAC Annex Education Building | 121 Kings Highway, Middletown, NJ (next to Middletown Reformed Church)

