

2024

# SPRING CLASSES



MIDDLETOWN  
ARTS CENTER



## ART

**Masters Fine Art Program Elizabeth Schettini Sowell  
Master Arts Skills | Ages 10-14\*****SESSION 4: Apr 8, 15, 22, 29 | Mon 4:00-6:00 pm | 4 Classes: \$225**

A great class for students who are serious about their art and want to develop their skills to advance. Led by Master Artist, Elizabeth Schettini Sowell, students begin at their personal level and with individual guidance will advance and perfect the foundational building blocks of art to create work they are proud of. Students will use different media, learn the technique of group and self-critique to build a strong portfolio. \*Some exceptions for 9-yr-olds

**Masters Fine Art Program | Elizabeth Schettini Sowell  
Master Arts Skills for Teens and Adults | Ages 15+****SESSION 4: Apr 8, 15, 22, 29 | Mon 6:30-8:30pm | 4 Classes: \$225**

A great class for students who are serious about their art and want to develop their skills and advance. Led by Master Artist, and former college Professor, Elizabeth Schettini Sowell. Students begin at their personal level and with individualized guidance and attention learn and perfect the foundational building blocks of art to create work they are proud of. Students will use different media, learn the technique of group and self-critique to build a strong portfolio.

**Watercolors and MORE with Miss Fish! | Ages 4-8****Apr 8 - June 3 (No Class May 27) | Mon****CLASS 1: 4:00-5:00 pm****CLASS 2: 5:15-6:15 pm****8 Classes: Members \$120, Non-members \$135**

For those little artists who just LOVE to PAINT and CREATE! Under the loving and expert direction of Miss Fish students will use watercolors to make beautiful paintings and make AMAZING art pieces and craft projects with clay, cray pas, paper and more! Students will love these classes run by legendary art educator, Miss Fish, who will stir the imagination and bring out the creative best in every child! Each week, students will learn new tips for painting and create their own masterpieces! Supplies included.

**FABULOUS Art for FANTASTIC Artists with Miss Fish!  
Ages 8-12****Apr 10 - June 5 | Wed 4:00-5:00 pm****9 Classes: Members \$135, Non-members \$150**

Under the loving and expert direction of Miss Fish, students study the elements of art and the creative process in this hands-on, multi-media class. Learn about art fundamentals such as line, shape, composition and color. Students will explore a variety of materials including graphite, charcoal, pastel, paint and more. Students will love these classes run by legendary art educator, Miss Fish, who will stir the imagination and bring out the creative best in every child! Each week, students will learn new tips for painting and create their own masterpieces! Supplies included.

**Cartooning, Kawaii and Clay with Doodle Dude!****Ages 5-12****Apr 8 - June 3 (No Class May 27) | Mon 4:00-5:00 pm****8 Classes: Members \$120, Non-members \$135**

We will have a blast working with clay and creating crazy, cool Kawaii and cartoon characters while learning about the greatest cartoonists and clay animators of all time! What you create will AMAZE you! No one brings art to life like Art Kaney, the Doodle Dude! From the cute and cool, to the crazy, and from the basics to more advanced techniques, the Doodle Dude will educate, entertain and inspire!

**The Art of Roblox, Minecraft and Pokémon with  
Doodle Dude | Ages 5-12****Apr 10 - June 5 | Wed 4:00-5:00 pm****9 Classes: Members \$135, Non-members \$150**

Let's learn how to draw Roblox, Minecraft and Pokémon characters, but also create and design our own. We will work on character development and work with many different media including paint, clay, glow in the dark paint, oil pastels and more. Let's get off the video games and on to the drawing board! Gaming party last day of class! No one brings art and painting to life like Art Kaney, the Doodle Dude! From the cute and cool, to the crazy, and from the basics to more advanced techniques, the Doodle Dude will educate, entertain and inspire!

**Painting-palooza with Doodle Dude! | Ages 5-12****Apr 11 - June 6 | Thurs 4:00-5:00 pm****9 Classes: Members \$135, Non-members \$150**

Get creative with the Doodle Dude who will introduce you to the awesome world of painting in his unique way. Let your imagination run wild while you have a blast working with watercolors, acrylics, gouache and even glow in the dark paint! No one brings art and painting to life like Art Kaney, the Doodle Dude! From the cute and cool, to the crazy, and from the basics to more advanced techniques, the Doodle Dude will educate, entertain and inspire!





MAC  
**DANCE**  
ACADEMY

## DANCE

### **MAC DANCE ACADEMY with Andrea Wachholtz**

After the INCREDIBLE response to our inaugural session this Fall, we are THRILLED to be expanding our MAC Dance Academy classes this Winter!

Under the expert instruction of renowned Dancer and instructor Andrea Wachholtz, The MAC Dance Academy offers classes across all genres using a model of "teaching without judgment in a structured environment" that focuses on empowering and enabling students through creative and educational methods...all in our beautiful new state-of-the-art dance studio!

### **BALLET**

#### **Primary Ballet | Ages 5-6**

Apr 10 - June 12 | Wed 4:30-5:30 pm

10 Classes: Members \$150, Non-members \$170

#### **Ballet I | Ages 7-8**

Apr 10 - June 12 | Wed 5:45-6:45pm

10 Classes: Members \$150, Non-members \$170

#### **Ballet II | Ages 9-11**

Apr 8 - June 10 (No class May 27) | Mon 4:15-5:15 pm

9 Classes: Members \$135, Non-members \$155

#### **Ballet III | Ages 12+**

Apr 8 - June 10 (No class May 27) | Mon 5:30-6:30 pm

9 Classes: Members \$135, Non-members \$155

Click [here](#) for Uniform Requirements.

### **JUST DANCE**

#### **(Jazz / Contemporary / Musical Theater)**

If your child is a born performer, then this class is for them! Andrea brings to these classes her expertise as a performer, choreographer, teacher, coach and national judge. A routine in either musical theater, jazz or contemporary dance is learned and studied over a few weeks. The students will then attend class as if it were an audition, where they will perform the learned routine and get detailed feedback on their performance quality, artistry, technique, musicality, knowledge of the choreography and more in a positive, nurturing and supportive environment. Afterwards there will be a group discussion to review and understand their strengths and opportunities for improvement. The following week, the process begins all over again with a new routine!

#### **JUST DANCE I | Ages 7-10**

Apr 9 - June 11 | Tues 4:15-5:15 pm

10 Classes: Members \$150, Non-members \$170

#### **JUST DANCE II | Ages 11-14**

Apr 9 - June 11 | Tues 5:30-6:30 pm

10 Classes: Members \$150, Non-members \$170

Click [here](#) for Uniform Requirements.



# MUSICAL THEATER

## **SPRING BROADWAY SHOWCASE with Kathy Connolly Ages 9-12**

**Apr 10 - June 12 | Wed 5:00-7:00 pm**

**Performance Date: Wed, June 12 at 7:00 pm**

**10 Classes: Members \$465, Non-Members \$495**

Under expert instruction of award-winning director and professional theater teaching artist, Kathy Connolly, students will explore their creativity and develop skills and confidence in a nurturing and fun environment. Using a professional conservatory approach, each week, students will receive individual classes in acting, improvisation, voice and dance, and then apply these lessons to rehearse for a final performance, which will include a showcase of Broadway's best songs and dances. Parents will receive two free tickets to the performance. Additional tickets are available at \$10 each.

## **Spring Mini-Musical Theater Intensive with Kathy Connolly | Ages 6-9**

**Apr 11 - June 13 | Thurs 4:00-6:00 pm**

**10 Classes: Members \$345, Non-members \$365**

This exciting class is for younger performers ages 6-9. Using a professional conservatory approach, the students will take individual classes in Acting, Dance, Improv, Scenic Design and Voice. Under the expert instruction of award winning Director and teaching artist, Kathy Connolly and our team of professional theater artists, and visiting Master Class presenters, the students will explore their creativity and develop their confidence and skills in a fun and nurturing environment!

# THEATER

## **Acting with Kathy Connolly | Ages 9-12**

**Apr 12 - June 14 | Fri 4:00-5:30 pm**

**10 Classes: Members \$235, Non-members \$255**

In this fun and exciting class, students will study the fundamentals of acting technique and theater through theater games, scene work and improvisation. Under the expert instruction of award-winning director and teaching artist, Kathy Connolly, students will work on monologues and scenes in a relaxed and supportive atmosphere. While the focus is always on fun, this class also has wonderful additional benefits including strengthened self-esteem, improved reading comprehension and the continuing development of positive social skills.

## **Beginning Acting with Felicia Russell | Ages 6-8**

**Apr 12 - June 14 | Fri 4:00-5:00 pm**

**10 Classes: Members \$150, Non-members \$165**

Students will have a blast and build confidence exploring theater games, storytelling, improv & more! Under the nurturing instruction of NJ performer and Teaching Artist, Felicia Russell (a proud MAC alum!), students will learn the fundamentals of acting technique and theater in a relaxed and supportive atmosphere. Students will also get guest instruction from award-winning Director and Teaching Artist, Kathy Connolly, to work on monologues and scenes and even collaborate to create new short pieces together!



# MUSIC

## CHILDREN + ADULTS



### **ZUMBINI with Lisa Zwerin | Ages 0-4**

**Apr 11 - May 30 | Thurs 10:00-10:45 am**

**8 CLASSES: Members \$120, Non-members \$135 | NO CHARGE FOR SECOND CHILD!**

A child-focused journey into the world of music, movement and dance, a Zumbini class is a celebration of the power of music to enhance our lives, stimulate learning, inspire dance movement and strengthen the bond between parent and child. What is Zumbini you ask? A 45-minute music and movement experience, which is developmentally appropriate for the age range of the class. Every class, designed for children 0-4 years-old with a caregiver, includes dancing, singing and playing instruments. A bonding experience for all is involved, including caregiver to child, child to child, and caregiver to caregiver. The class focuses on energy, fun, and play to contribute toward the natural development of cognitive, social, emotional and physical skills.



### **Private In-Person Piano or Voice Lessons with Miss Peggy! | All Ages**

Start playing songs or improve your singing from your very first lesson! Under Miss Peggy's nurturing instruction, you'll learn to read, understand, and create beautiful music from day one!

No matter what your skill level, in these 30 or 60-minute sessions, students will learn a combination of exercises and approaches to improve confidence, proper technique and overall musicality. Miss Peggy makes learning piano or voice accessible and fun for everyone!

**NEW STUDENTS:** Please email [artscenter@middletownnj.org](mailto:artscenter@middletownnj.org) for more details or to schedule a lesson.



## ART

**ADULT MASTERS FINE ART PROGRAM with Elizabeth Schettini Sowell, Master Fine Artist****Artist Salon Open Sessions**

**SESSION 4: Apr 6, 13, 20, 27 | Sat 9:30 am-12:30 pm**  
**4 Classes: \$160**

Participate with other artists in a 3-hour art working session dedicated to your artwork in any Visual Fine-Art Medium. You will be welcome in a space made just for art-making and have an opportunity to choose from two different life set-ups (every week) from which to create work. This is a semi-informal work session where instructional help is available if needed.

Self-Critique and Group Critique are both available, as is portfolio building. Beginners will be supplied with a list of materials to start off on Drawing, Sculpture, Printmaking and Painting.

Give yourself the gift of time...bring your materials (brushes, paints, etc.) and use our easels and tables to make your work. If you choose, a monthly challenge will be presented to inspire you to create.

**Master Arts Skills for Teens and Adults | Ages 15+**

**SESSION 4: Apr 8, 15, 22, 29 | Mon 6:30-8:30 pm**  
**4 Classes: \$225**

A great class for students who are serious about their art and want to develop their skills and advance. Led by Master Artist, and former college Professor, Elizabeth Schettini Sowell. Students begin at their personal level and with individualized guidance and attention, will learn and perfect the foundational building blocks of art to create work. Students will use different media, learn the technique of group and self-critique to build a strong portfolio.

**Painting Workshop | Grace Graupe-Pillard**

**Mar 12 - Apr 23**

**Tues 9:30-11:30 am | 12:00-2:00 pm | 2:30-4:30 pm**  
**7 Weeks: Members, Non-members \$140**

Painting workshop participants will be taught to use paints (either oil or acrylic) and will be instructed on color, form and space. Since this is a workshop, the instruction is individualized and Grace strongly believes that her job is to teach people "to see" the subtlety and nuances of what makes a good work of art in a fresh and original way. This workshop is for all levels from the rank beginner to professional artists and teachers who come for feedback in an environment conducive to serious study.

**Evening Painting Workshop with June Wilson**

**Mar 12 - Apr 16 | Tues 7:00-9:00 pm**

**6 Weeks: Members, Non-members \$120**

Join artist June Wilson for this EVENING Painting Workshop! Adult participants will be taught to use paints (either oil or acrylic) and will be instructed on color, form and space. Since this is a workshop, the instruction is individualized and is welcome to all levels from beginner to professional artists and teachers who come for feedback in an environment conducive to serious study.

## CREATIVE WRITING

**Relaxing into Writing with Mimi Cross**

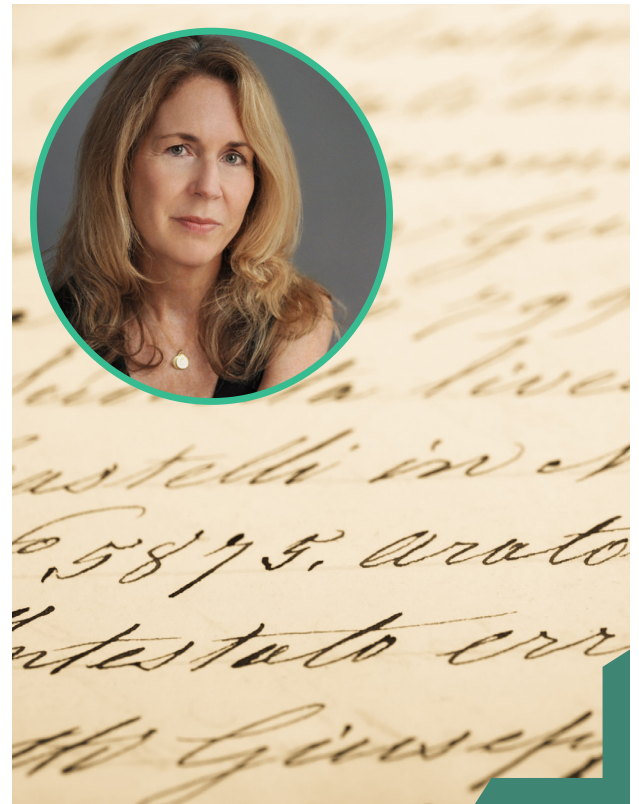
**Mar 21 - May 30 (no class May 16) | Thurs 10:30-11:45 am**

**10 Classes: Members: \$200, Non-members: \$220**

Would you like to reduce stress? Do you want to grow your creativity? If so, this 75 minute class taught by published author and certified yoga instructor, Mimi Cross, is for you!

We begin Relaxing into Writing with a centering warm up consisting of gentle stretches and attention to breath, followed by a guided 15 to 20-minute deep relaxation meditation. In this state of relaxation and body awareness, we learn how to sense blocks within the body through a technique called scanning. After the body scan, we transition from relaxing to writing, with the intention of transforming blocks into stories. If you write, or want to write, learning how tension, tightness, and holding in your body can translate into this special type of treasure will support you. When time allows, participants will be invited to share their writing, however, sharing is not required!

Materials needed: One full-sized 8×10 inch or 8×11 inch notebook and a favorite pen or pencil. Wear loose, comfortable clothing and feel free to bring a blanket or cushion. No previous experience with meditation or creative writing necessary!



# MOVEMENT

## ADULTS



### MAC DANCE ACADEMY

#### **MOVE with Andrea Wachholtz (A ballet inspired workout class)**

**Apr 8 - June 10 | Mon 7:00-8:00 pm**

**9 Classes: Members: \$150, Non-members: \$170**

**Apr 10 - June 12 | Wed 7:00-8:00 pm**

**10 Classes: Members: \$150, Non-members: \$170**

Combining her extensive classical ballet training and professional teaching experience, Andrea brings us a class filled with detailed and comprehensive movement. Let's MOVE with Ballet is designed to improve your strength, balance, flexibility and joint mobility. This class will also help decrease stress, improve your mood and your sleep. The class will be taught in a mixed level format. Focusing on classical ballet, exercises will also be taken from Pilates, Barre and Yoga bringing together this creative class. The main goal of this class is to help every student individually within the group to feel good inside and out! Beginners are welcomed and advanced students will be challenged.

Click [here](#) for Uniform Requirements.

# YOGA

### **Yoga with Mimi Cross**

**Apr 6 - June 15 (no class Apr 13) | Sat 8:30-9:30 am**

**10 Classes: Members \$150, Non-members \$170**

This gentle but stimulating Yoga class will allow individuals of all levels and fitness experiences to engage in the practice of Yoga. Yoga is an ancient form of full body exercise that focuses on core strength, balance, control and breath. Exercises can be modified for injuries and all bodies. No previous experience required. Please bring a mat.

**MIMI CROSS**, a 200+ hour certified Kripalu Yoga Instructor, is an author, songwriter and arts educator as well as the creator of Body of Writing, a practice that adds a dimension to the traditional mind-body-spirit discipline of Yoga: story. She's been teaching people of all ages Yoga and music since 2001, both privately and in various studios in the Two River region of Monmouth County. To learn more, please visit [www.mimicross.com](http://www.mimicross.com).

### **Adult Yoga with Mimi Cross + 25-Min Meditation Period**

**Apr 6 - June 15 (no class Apr 13) | Sat 8:30-9:55 am**

**10 Classes: Members \$225, Non-members \$250**

Mimi's excellent weekly class PLUS an additional guided deep meditation and relaxation period.

## Register by phone, in person, or online at [www.middletownarts.org](http://www.middletownarts.org)

You do not need to be a resident of Middletown to participate in the Middletown Arts Center's programs. Please note that Member and Non-Member rates relate to membership in the Middletown Township Cultural and Arts Council (MTCAC). The MTCAC is the non-profit 501c3 organization that operates the Middletown Arts Center. Membership is optional and benefits include discounted rates on classes, camps, and workshops. Memberships are annual from the date of enrollment.

## Become a MEMBER today and receive discounts on classes, events, and more!

### Tax-deductible membership levels:

**GENERAL MEMBERSHIP:** • \$60 Family • \$30 Adult • \$25 Student/Senior

**LEADERSHIP MEMBERSHIP:** • \$1000 Benefactor • \$500 Patron • \$250 Friend • \$100 Supporter

### All members receive:

- Membership card(s)
- Discounts on select MAC events and all classes
- Invitations to Member only events

Visit [middletownarts.org](http://middletownarts.org) or call 732-706-4100 to become a member today.

## Give the gift of inspiration!

Middletown Arts Center Gift Cards are valid for fine arts, music, dance classes, summer arts camp, special events, and more. Visit our ticket office or call 732-706-4100 to pick one up today.

## About Us

The mission of the Middletown Township Cultural and Arts Council, Inc. (MTCAC), the nonprofit 501(c)3 organization that operates the Middletown Arts Center, is to enhance the quality of life of all area residents by supporting and promoting the arts throughout our large, diverse community. The needs of our community drive our arts program planning. The MTCAC began in 2002 in response to a need for arts programming in the township, home to over 68,000 residents and covering approximately 42 square miles. The MTCAC worked jointly with Middletown Township to create the beautiful, award-winning Middletown Arts Center.



**Middletown Arts Center** | 36 Church Street in Middletown, NJ (next to the Middletown Train Station)  
**MAC Annex Education Building** | 121 Kings Highway, Middletown, NJ (next to Middletown Reformed Church)

