

# MAC Dance Academy

Offering a structured program in a caring and nurturing environment that promotes proper technique, dance terminology, creativity and individual growth.

## Available Classes & Levels

### Youth Program:

Pre-Primary Ballet:	Pre-K ages 4-5	
Primary Ballet:	K-1st ages 5-6	
Ballet I:	ages 7-9	
Ballet II:	ages 10-12	
Ballet III:	ages 13 & up	
Modern I:	ages 8-10	
Modern II:	ages 11 & up	
Just Dance I:	ages 8-10	(Musical Theater, Jazz, Contemporary)
Just Dance II:	ages 11 & up	(Musical Theater, Jazz, Contemporary)

### Adult Program:

#### MOVE with Andrea:

Ballet INSPIRED fitness class incorporating Barre, Pilates, Yoga, Strength & Balance/Mobility training.

#### Classical Ballet with Frank & Andrea:

Enjoy a traditional ballet class taught by these two former dance partners who will inspire your love of ballet.

#### Modern with Njelama:

Experience this dance style with dynamic alignment, flexibility, and physical conditioning.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
4:30-5:30pm Ballet I Ages 7-9  Andrea	4:30-5:15pm Pre-Primary Ballet Pre-K Ages 4-5  Andrea	4:30-5:30pm Just Dance Ages 8-10  Andrea	4:30-5:30pm Ballet II Ages 10-12  Njelama		
5:45-6:45pm Ballet III Ages 13 & up  Andrea	5:30-6:30pm Primary Ballet K-1st Ages 5-6  Andrea	5:45-6:45pm Just Dance Ages 11 & up  Andrea	5:45-6:45pm Modern Ages 8-10  Njelama		
7-8pm Adult MOVE  Andrea	7-8pm Adult Classical Ballet  Frank & Andrea (2 weeks each)	7-8pm Modern Ages 11 & up  Njelama	7-8pm Adult Modern  Njelama		

FRIDAY Master Class Series \*Join us for these NO commitment flex classes

\$12 per class

\$7 per class, currently registered MAC Dance Academy students

Upcoming classes in the series include:

Tap, Hip Hop, Themed Just Dance Party and more

# MAC Dance Academy 2024-2025

Youth Program - September 9, 2024 - June 5, 2025 (Full School Year)

September 9, 2024 - December 19, 2025 (First Semester)

January 6, 2025 - June 5, 2025 (Second Semester)

Adult Program - September 9, 2024 - June 5, 2025

September 9, 2024 - December 19, 2025 (Session One)

January 6, 2025 - April 10, 2025 (Session Two)

April 21, 2025 - June 6, 2025 (Session Three)

# MAC Dance Academy

## Youth & Adult studio calendar

9/9	First Day	
10/14	Columbus Day	CLOSED no classes
10/31	Halloween	CLOSED no classes
11/4-11/8	Election Day and NJEA Convention	CLOSED no classes
11/27-11/30	Thanksgiving Break	CLOSED no classes
12/19	Last Day before Winter Recess	
12/23-1/2	Winter Recess	CLOSED no classes
1/6	Classes Resume	
1/20	MLK	CLOSED no classes
2/17	President's Day	CLOSED no classes
4/14-4/17	Spring Recess	CLOSED no classes
4/21	Classes Resume	
5/26	Memorial Day	CLOSED no classes
6/5	Last Day of Classes	
6/7	Youth Showcase in theater	

Summer Dance Intensive     July 7 - 11    ages 13 & up

Mini Dance Intensive         July 21 - 25    ages 9 - 12

\*Audition for Summer Intensive                     Saturday, November 16th

Ages 9-12                     10-12:30pm

Ages 13 & up                1-3pm